

Affiliated to : South Asian Bodybuilding & Fitness Federation

Asian Body Building and Physique Sports Federation, Singapore World Body Building and Physique Sports Federation, Dubai, UAE

Recognized by: The Association for International sports for All (TAFISA), Frankfurt, Germany

Pacific Games Council (PGC), Australia

Date: 05th August, 2021

To,

The Secretaries / Executive Committee Members / Life Members

State Body Building Associations / Union Territories / Government Sports Board Affiliated to Indian Body Builders Federation, Mumbai.

Ref. No.: IBBF/WORLD 2021/TEAM INDIA -01-2021

Sub: Selection Trial for the 12th World Body Building & Physique Sports Championship 2021, Tashkent, Uzbekistan on and from 1st – 7th October, 2021

Dear Sir / Madam,

We are pleased to inform you that World Bodybuilding and Physique Sports Federation (WBPF) is organizing the most prestigious Championship 12th World Body Building & Physique Sports Championship 2021, Tashkent Uzbekistan on and from $1^{\rm st}-7^{\rm th}$ October, 2021. The said Championship is supported by Ministry of Tourism and Sports, National Olympic Committee, Republic of Uzbekistan.

The Indian Body Builders Federation in association with Chandigarh Body Building and Physique Sports Association and Punjabi Amateur Body Building Association will be organizing the Selection trial on Sunday, 29th August, 2021 at Chandigarh University, NH – 95, Chandigarh – Ludhiana Highway, Gharuan, Mohali – 140413, Punjab, for the selection of Team India for the most prestigious championship 12th World Body Building & Physique Sports Championship 2021, Tashkent, Uzbekistan on and from 1st – 7th October, 2021.

We on behalf of Indian Body Builders Federation humbly request all the affiliated State Associations / Union Territories / Government Sports Boards to participate with best of their athletes as per the rules and SOP's prescribed in the circular. Please note, due to the current pandemic situation, we would be inviting few selected officials for the Selection trial who will be informed about the same.

It is further to be informed that all the participating athletes and officials are strictly supposed to follow the SOP's and guidelines of COVID- 19 issued by Central/ State Government during the selection trial. All participants are requested to chalk out their journey in compliance to COVID-19 guidelines and travel advisories issued by States/ Union Territories time to time.

It is mandatory to provide COVID-19 RT PCR negative test report prior to 48 hours at the time of Registration. Those who have completed their both vaccinations may produce vaccination certificates.

The Ministry of Youth Affairs and Sports does not extend financial support; hence the affiliated units / athletes will have to bear all the expenses which includes Airfare, Visa charges, Registration fees, Sport Kit, etc. Please take a note if any athlete or official who are selected in Indian Team to participate in the 12th World Body Building & Physique Sports Championship 2021 are found positive



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in their COVID RTPCR test before their departure would not be eligible for any refund of the amount paid.

The Inspection Report along with all the documents received from World Bodybuilding and Physique Sports Federation are attached herewith.

Thanking you.

For Indian Body Builders Federation

Hiral ShethGeneral Secretary

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SCHEDULE

Sunday 29th August, 2021

08.00 AM : Arrival of all athletes, Executive Committee Members and Invited

Officials

09.00 AM : Breakfast

11.00 AM : Reception and Registration - Chandigarh University, NH – 95,

Chandigarh – Ludhiana Highway, Gharuan, Mohali – 140413,

Punjab

12.00 NOON : Commencement of Selection Trail (51 categories)

01.00 PM : Lunch

09.00 PM : Dinner

Monday 30th August, 2021

08.00 AM : Departure of all athletes, Executive Committee members and

Invited officials.

Nearest Railway Station : Chandigarh Railway Station (40 minutes to Chandigarh University)

Nearest Airport : Chandigarh Airport (40 minutes to Chandigarh University)

Please Note: The event is only for one day. Lodging and Boarding would be provided only for one night (29th August,2021)



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CATEGORIES FOR WORLD CHAMPIONSHIP 2021

1) Junior Men's Bodybuilding (2 events)

- a) Up to 75 Kg.
- b) Over 75 Kg.

2) Senior Men's Bodybuilding (11 events)

- a) Up to 55 Kg.
- b) Up to 60 Kg.
- c) Up to 65 Kg.
- d) Up to 70 Kg.
- e) Up to 75 Kg.
- f) Up to 80 Kg.
- g) Up to 85 Kg.
- h) Up to 90 Kg.
- i) Up to 100 Kg.
- j) Over 100 Kg.
- k) Mr. Universe Overall amongst the winners of each category

3) Master Men's Bodybuilding (5)

- 40 49 years old:
- a) Up to 80 Kg.
- b) Over 80 Kg.

50 - 60 years old:

- a) Up to 80 Kg.
- b) Over 80 Kg.

Over 60 years

a) One open category

4) Men's Fitness Physique (2)

- a) Up to 170 cm/0 kg
- b) Over 170 cm/+2 kg

5) Men's Athletic Physique (5)

a) Up to 160cm + 2 kg.



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b) Up to 167cm + 4 kg

- c) Up to 175cm + 6 kg
- d) Up to 182cm + 8 kg
- e) Over 182cm + 10 kg

6) Men's Sports Physique (4)

- a) Up to 170 cm 2 kg
- b) Up to 175 cm/0 kg
- c) Up to 180 cm + 2 kg
- d) Over 180 cm + 4 kg

7) Senior Women's Bodybuilding (2)

- a) Up to 55 kg
- b) Over 55 kg

8) Ladies Women's Bodybuilding (1)

Over 30 yrs - one open category

9) Junior Women's Fitness Physique (1)

21 yrs and below - one open category

10) Senior Women's Fitness Physique (2)

- a) Up to 165 cm
- b) Over 165 cm

11) Senior Women's Athletic Physique (2)

- a) Up to 165 cm
- b) Over 165 cm

12) Ladies Women's Athletic Physique (2)

- a) 30 40 yrs. one open category
- b) Over 40 yrs. one open category

13) Senior Women's Sport Physique (2)

- a) Up to 165 cm
- b) Over 165 cm

14) Ladies Women's Sport Physique (2)

- a) 30 40 yrs. one open category
- b) Over 40 yrs'

15) Junior Women's Model Physique (1)

21 yrs and under - one open category

16) Senior Women's Model Physique (5)



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a) Up to 155 cm

b) Up to 160 cm

c) Up to 165 cm

d) Up to 170 cm

e) Over 170 cm

17) Ladies Women's Model Physique (2)

a) 30 - 40 yrs. one open category

b) Over 40 yrs. one open category

18) Mixed Pairs

One open category

Entry Fee

Body Building : Rs.1000/- Per competitor Physique Sport : Rs.3000/- Per competitor

Contact : Mr. Navneet Singh - Associate Secretary – 9888320009

Mr. Suraj Bhan – 9988145959 Mr. Monu Sabrawal - 9023270063

IBBF Secretariat: Ms. Hiral Sheth – General Secretary – 9819637300

Please note that all the athletes must bring their Original Passport along with Passport Copy, passport size 4 photos, aadhar card and Pan card copy along with them and must submit during registration.



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Date: 1st August, 2021 Ref. No.: IBBF/ST/CR-01-2021

RAIL TRAVEL CONCESSION

(Rule 101 of IRCA Coaching Tariff No.25, Part-I (Vol.II)) MOR/Ref:- No.TC-II/2035/06/Body Building(Dt.5/8/2013)

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| ociation Chandigarh Body Building and Physique Sports Association and | n in asso | Federatio | Builders | ndian Body |
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| ruan, Mohali – 140413, Punjab. This/These participant(s) is/are entitled | ay, Gharı | na Highwa | – Ludhia | Chandigarh |
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For Indian Body Builders Federation

Hiral Sheth General Secretary



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Selection Trials 2021 OFFICIAL ENTRY FORM

Please fill this entry form and return on or before 15th August 2021.

| SR. | NAME | CATEGORY | MOBILE NO. | WEIGHT |
|--------|--------|----------|------------|--------|
| 1 | | | | |
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| TEAM MANAGER: | COACH | |
|---------------------------|----------------------------|--|
| UDGE: JNIT NAME: | JUDGE: | |
| FRAIN No. & ARRIVAL TIME: | TRAIN No. & DEPARTURE TIME | |

SIGNATURE OF PRESIDENT/SECRETARY

SEAL